



CROWN OF LIFE

CHRISTIAN ACADEMY

CLCA exists to prepare students for academic success and lives of Christian service through a curriculum and total school program founded on the Word of God using the best pedagogical practices to offer a holistic education that allows students to grow in mind, body, and soul.

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Athletic Handbook 2020-2021

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BLAC Athletic Conference

Crown of Life Christian Academy (CLCA) is a member of the Badgerland Athletic Conference (BLAC). The athletic league consists mainly of WELS (Wisconsin Evangelical Lutheran Synod) schools, but we also play some ELS (Evangelical Lutheran Synod) schools and a Missouri Synod school. The league is split into three divisions, Red, White, and Blue.

Red

St. John, Pardeeville
Zion, Columbus
St. John, Baraboo
Holy Cross, Madison
Peace, Sun Prairie
Eastside, Madison
Our Redeemer, Madison
St. John's, Juneau

White

St. Stephen, Beaver Dam
St. Matthew's, Oconomowoc
St. Paul's, Lake Mills
St. Mark's, Watertown
Trinity/St. Luke's, Watertown
St. Paul's, Fort Atkinson
St. Paul's, Janesville

Blue

Lebanon Lutheran, Lebanon
CLCA, Fort Atkinson
St. John's, Watertown
St. Paul's, Ixonia
St. John's, Jefferson
St. John's, Waterloo
St. Peter, Helenville

The divisions are currently under review by the conference and may change at any time.



Athletic Program Philosophy

The goal of CLCA’s athletic program is to provide a wealth of opportunities and experiences as it pertains to athletics, while at the same time helping the children to develop Christian maturity, Christian sportsmanship, good fellowship with other believers, and an appreciation of their God-given abilities.

Involvement in the athletic program provides opportunities to learn the benefits of responsible team play and cooperation. It provides a vehicle for learning mental and physical self-discipline, loyalty, personal pride, pride in the school, respect for others, and the will to win. It proves that hard work and dedication produce positive results which go far beyond just wins and losses. Participants are encouraged to develop their God-given talents and abilities to their fullest.

Athletic Program Goals

The athletic program is a vital part of CLCA’s program of Christian education. Teachers and coaches work with students to accomplish these major goals of the athletic program:

- Students **GLORIFY** God by developing and using their God-given talents,
- As Jesus grew “in wisdom and stature, and in favor with God and men” (Luke 2:52), students have opportunities through the athletic program to **GROW** intellectually, physically, spiritually, and socially.
- Students **GO** with the Gospel by representing their Savior and school with God-pleasing effort and conduct in all athletic activities.



Motivation of the Athletic Program

- Jesus' love for us as demonstrated by his death on the cross motivates us in all aspects of Christian living. *“For Christ’s love compels us, because we are convinced that one died for all, and therefore all died. And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again” (2 Corinthians 5:14-15).*
- God has blessed each CLCA student with gifts which are to be used faithfully. *“Now it is required that those who have been given a trust must prove faithful” (1 Corinthians 4:2).*
- When God’s gifts are used to their fullest potential, it give glory to God. *“Whether you eat or drink or whatever you do, do it all for the glory of God” (1 Corinthians 10:31).*

Components of the Athletic Program

CLCA’s students are given opportunities to meet the academy’s athletic goals through recess, physical education, and interscholastic sports. Recess and physical education are required of all students, while interscholastic sports are encouraged, but optional.

- **Recess:** Students are given daily opportunities to develop their social and athletic skills through play in an informal, supervised environment.
- **Physical Education:** The physical education program is designed to expose each student to a variety of activities, teach basic skills, improve physical fitness, learn rules and tactics, and to provide a supportive and safe environment in which to practice skills and participate in the activities. Through teaching physical education, the goal is to encourage overall physical wellness and promote healthy life habits.
- **Interscholastic Sports (Grades 5-8):** Interscholastic athletics provides opportunities for our students in grades 5-8 to participate in various sports at developmentally appropriate levels. Coaches are expected to teach sportsmanship, fair play, skill development, and teamwork. Students are expected to demonstrate cooperative play, commitment to the team, and adherence to rules and guidelines as established by each coach.



Objectives of the Athletic Program

Recess activities focus on fun.

- To develop social and athletic skills in an informal and fun supervised environment.
- To provide a break in the day for physical activity and recreation.

Physical Education activities focus on instruction, learning, and fitness.

- To understand that physical activity provides opportunities to glorify God through enjoyment, challenge, self-expression, and social interaction.
- To develop and maintain a healthy level of physical fitness.
- To apply movement concepts and principles to the learning and development of motor skills.
- To demonstrate competency and proficiency in many movement forms.
- To exhibit responsible personal and social behavior in physical activity settings.

Interscholastic sport activities focus on growth and competition.

- To offer a competitive atmosphere for those children who have the desire and God-given abilities to grow and excel in athletics.
- To represent CLCA by fielding teams that exemplify Christian conduct, good sportsmanship, leadership, teamwork, effort, and diligent preparation.
- To provide an atmosphere in which team goals and objectives take precedence over individual ones.
- To help each student understand his role on a team and fulfill it faithfully.
- To place the Lord, the school, and the team above personal glory.
- To help students recognize their athletic capabilities and strive to improve them.
- To help students recognize that being a good steward of the talents God has given them brings glory to God and can be enjoyable.
- To provide activities that build school unity and pride.
- To help students realize that participation in interscholastic programs is a privilege with accompanying responsibilities.
- To prepare students to handle situations which are physically and emotionally challenging.



Participant/Spectator Expectations

CLCA Code of Conduct

All participants and spectators should conduct themselves in a God-pleasing manner before, during, and after all athletic events. Cheer in a positive way, show respect to opponents and officials, practice good Christian fellowship and have fun.

Interscholastic Sports Expectations

The following are basic expectations for all coaches, players, and parents of CLCA involved with interscholastic sports. Coaches, players, and parents are expected to:

- Conduct themselves in a God-pleasing manner in all things and at all times recognize that their behavior represents their Lord, their family and their school.
- Properly attribute success to God's blessing and good team play.
- Be gracious in losing and take responsibility for shortcomings and mistakes.
- Treat opponents with respect and recognize them as fellow children of God.
- Be present and on time at scheduled events and faithful to their commitment to the team.
- Give thanks to God for all the opportunities offered in the athletic program.
- Strive to have fun coaching, playing, and watching sports.

Expectations of Coaches

Our coaches will:

- Model a Christ-like attitude and behavior on and off the court and will be an example to others in their church attendance, language, and actions.
- Encourage their players to fully develop and use their God-given abilities.
- Strive to use constructive criticism in working with their individual players and team.
- Clearly communicate their expectations with parents and players and be consistent with their policies
- Prepare diligently for practices and games and teach their players the fundamental skills and strategies of the sport.
- Model a respectful attitude toward officials, players, parents, fans, and other coaches.
- Make sure that the facilities of CLCA and other schools are treated with care and respect.
- Recognize the unique abilities of their players and will strive to put players in game situations where they are prepared to succeed and help the team reach its goals.
- Take all concussion symptoms seriously, follow proper concussion protocol, and keep any players that show symptoms out of practices and games until cleared by a physician.

Expectations of Teachers

Teachers at CLCA are encouraged and expected to:

- Set a Christian example in word and actions while attending CLCA games and meets.
- Be willing to mediate if situations arise.
- Welcome visiting coaches, players and fans.
- Be willing to assist when faculty help is needed for CLCA events.



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- Show an interest in CLCA athletics and encourage CLCA teams.
- Continually communicate with parents and students about both academic achievement and behavior in their classrooms.

Expectations of Players

Student athletes are encouraged and expected to:

- Show a humble, Christ-like attitude and behavior on and off the court and be an example to others in their church attendance, language and actions.
- Understand that they represent their Savior, their school, their family and themselves.
- Use their talents to the best of their ability for the good of the team both in practices and games, and put the good of the team above their own personal wants and wishes.
- Respect and following the directions and decisions of the coach.
- Respect officials and accept their decisions without question.
- Show a welcoming, caring attitude to opposing players and coaches.
- Compete with Christian sportsmanship, showing humility in victory and grace in defeat, so that God is glorified in all that is done.
- Respect and care for the facilities and equipment of CLCA and other schools.
- Cheer for and encourage CLCA students performing on other CLCA teams.
- Attend all practices and games, excusing their absences with the coach as far in advance as possible.
- Understand that participation on interscholastic athletic teams cannot compromise academic performance and that their behavior and performance in the classroom can affect their eligibility to participate.
- Report any concussion symptoms to their coaches and remain out of practices and games until they are cleared by a physician.
- Follow CLCA's uniform policy.

Expectations of Parents

Parents involved with the athletic program are encouraged and expected to:

- Realize their role as ambassadors for their Savior and CLCA and as role models for their children.
- Cheer in a positive way for their child's team and not criticize players, coaches, or referees.
- Support and talk about CLCA, its coaches, and its programs in a positive, encouraging way.
- Realize that their child's playing and participating in a sport is a privilege and not a right or a requirement.
- Try to understand their child's role on the team, support the goals of the team, and calmly discuss concerns that affect their child with the coach.
- Abide by the "24-hour rule" and not speak to a coach about the game/meet until 24 hours have passed so that both the coach and parent have an opportunity to cool off and reflect on what really happened.
- Be willing to help when needed and scheduled for their child's home games or meets and find a responsible adult sub if they cannot meet their obligation.
- Supervise their children not participating in games.
- Help their child to follow CLCA's uniform policy.



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- Treat any concussion symptoms their child might have seriously and have their child examined by a physician when concussion symptoms occur.

Expectations of Spectators

Spectators at our athletic events are encouraged and expected to:

- Represent our Lord and CLCA in Christ-like manner.
- Welcome visiting fans, players, and coaches, using the opportunity to put CLCA in the best light and enjoy fellowship with fellow Christians.
- Always encourage participants in the games by cheering in a positive way.
- Respect calls of referees trusting that they are doing their best.
- Keep the facilities clean and follow rules for food and drink at home and away games.
- Supervise their children not participating in games.
- Respect the decisions and constructive criticism given by staff and workers at CLCA or other schools.

Supervision of Children at CLCA Events

We greatly appreciate our CLCA families. It is your attendance and cheering at games which motivates our athletes to do their best. Because we love our school, it is important that we give a good impression of CLCA to all who attend our games. One of the best ways we do this is by supervising our children and keeping them with us in the gym so that we can teach them the importance of supporting their school's teams and cheering in a positive, Christian way. If you need to work at concessions or admissions for a game, you will find many CLCA families willing to watch your children so you can cover your shift. If children are wandering unsupervised at home or away games, CLCA staff and workers will calmly escort them back to their parents in the gym so that they may cheer for our teams.

Crowd Behavior

We expect that our parents will set a good Christian example for their children by cheering in a positive way and not criticizing players, coaches, other teams, or officials. If parents or fans become unruly in their behavior, they will be warned by the referees, athletic director, or dean. If unruly behavior continues; the parent or fan will be asked to leave the game, match, or meet and will need to meet with the dean to determine the conditions that will allow the parent or fan to return to further games.

Cancellation policy

If school is cancelled due to inclement weather or health reasons, all after school activities will also be cancelled for that day.



Athletic Eligibility Policy

Participation in co-curricular activities is a privilege. Students must therefore maintain good academic standing in order to participate in co-curricular activities. The following guidelines will be used to determine the eligibility of students to participate in co-curricular activities:

- A student who has three or more assignments which are considered to be late or unfinished will be deemed ineligible for the next week. Each week students start over again at 0.
- A student who receives a detention or suspension for either disciplinary or academic reasons will be deemed ineligible for the next game, match, or meet.
- A student who uses drugs, alcohol, or tobacco will immediately be removed from all co-curricular activities and be in line for further school discipline.
- A student's grades will be evaluated at midterm and at the end of each quarter. If a student has a D+ or lower in any subject, he/she will be deemed ineligible until the grade is improved. (Minimum of one week) Grades will be reviewed every Monday thereafter to check for eligibility. **A student who is not as "gifted" as his/her classmates will be dealt with on an individual basis. If it is determined that he/she is performing up to his/her ability, leniency will be considered.**

School Absence and Sports

If an athlete is out sick and has not arrived by noon on the day of an athletic event, the athlete will not be allowed to participate in any practice, game, meet or match that same day. If there is a game the next day, and the player is healthy, the player is eligible to play. Absences during the week do not necessarily prohibit an athlete from playing, but parents and coaches should use common sense regarding the athlete's fitness and health for participation. Parents and coaches should understand that missing school for dentist or orthodontist appointments, funerals, or family emergencies does not disqualify a player from playing.

Attendance at Practices and Games

Players are expected to be on time for all games and practices. Parents are expected to arrange transportation to practices and games for their children. If an athlete will be absent from a game or practice, parents are expected to notify the coach as far in advance as possible. This notice may be given as a written note, e-mail, phone call, or done in person. A player's absence from practices and/or games may affect his/her playing time for upcoming games. While it is understood that parents may have their children participating on other teams outside of CLCA, CLCA teams and their scheduled games and practices should always be given priority.



Parent Sports Orientation

The school year always begins with a meeting with the athletic director, fall coaches, parents, and players. The purpose of the meeting is to discuss the athletic schedule and expectations. It is a great time for parents to ask any questions they might have about the season. A second orientation meeting will be held in October or November at the beginning of the basketball season to discuss the winter season.

Volunteers

It is very exciting for CLCA to have so many different athletic opportunities for its students. There is a lot of work that goes into hosting a home event. Volunteers will be needed to fill the many different jobs that are required to make a home event run smoothly. These jobs include: scorekeeping, bookkeeping, ordering and collecting food that is needed for the canteen, working in the canteen, collecting admissions, setting up for games and meets, as well as coaching. If you have an athlete participating in a sport, you will be scheduled to help in some way at home games, meets, or matches. Parents who volunteer ahead of time are always appreciated.

Coaching

Parents who are interested in coaching should speak to the athletic director as far in advance of the season as possible. For the safety of our CLCA students, all those wanting to coach or assist will be subject to a background check and must be approved by the athletic director. Coaches must agree to follow the CLCA athletic handbook.



Handling Questions and Concerns

If CLCA's athletic program and everyone in it were perfect, there would never be a need to address questions or concerns. However, that is not the case. All people involved with the athletic program, from the athletes, to the coaches, to the athletic director are human beings. All of us make mistakes. However, we hope and pray that they are small in nature and number.

If parents have concerns about the athletic program or the people involved with it, please follow the procedures described here. This policy follows the guidelines of Matthew 18: 15-17; *“If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. But if he will not listen, take one or two others along, so that every matter may be established by the testimony of one or two witnesses. If he refuses to listen to them, tell it to the church, and if he refuses to listen even to the church, treat him as you would a pagan or tax collector.”*

1. **First** begin by going directly to the person involved. For example, if you have concerns about what a particular coach is doing, speak directly to that coach. **Please wait for 24 hours after a game or match and then set up a meeting.** Meeting in person is far better than trying to handle the situation with a text or an email. Before your meeting, check what the athletic handbook says about your concern. Keep an open mind. Be willing to understand that there are many sides and viewpoints to an issue.
2. If the concern is not adequately resolved in the meeting with the person directly involved, please speak to the athletic director. The athletic director will try to reach a satisfactory resolution to the concern.
3. If the concern cannot be resolved at the level of the athletic director, The next step is to address the concern with the Dean. The dean may choose to have discussions with all the parties involved. Only through the open exchange of concerns and possible solutions can a satisfactory resolution be found.
4. In the event that the Dean is not able to bring about a satisfactory resolution, the concerned person should speak to the chairman of the School Council. When the concern reaches the School Council level, a final decision will be made and a course of action determined.
5. While it may seem that there are a lot of steps and perhaps a great amount of time involved with this procedure, in the long run this is the best way to handle concerns and to solve problems in a God-pleasing manner.
6. All people involved in the athletic program in any way are encouraged to remember the Lord's command to speak well of others and to take their words and actions in the kindest possible way.



It is appropriate to discuss with coaches:

1. The playing time of your child
2. How you can help your child develop his/her athletic skills
3. Concerns about your child's behavior and social interaction with their teammates
4. Your child's role on the team
5. Health concerns and injuries your child may have

It is inappropriate to discuss with coaches:

1. Play calling and game strategy
2. The playing times and roles of other students on the team
3. Who starters should be

Interscholastic Sports

Interscholastic sports opportunities

- Fall - cross country (grades 4-8), girls' volleyball, boys' volleyball, co-ed soccer
- Winter - basketball
- Spring - track and field, and softball

Basketball-Boys and Girls

Basketball is held during the late fall and winter for students in grades 5-8. It is the goal of our basketball program for our athletes to learn the basics of basketball so that they recognize basketball as a fun recreational activity they can compete in to glorify God throughout their lifetime.

A-Team Level Basketball: The following are general guidelines regarding A-team playing time so that our parents and coaches have an understanding of what to expect.

A-team basketball is designed primarily for seventh and eighth graders. Bringing sixth graders up to A-team is to be highly discouraged; however, sixth graders may be brought up with the permission of the athletic director. If the size of CLCA's A-Team exceeds 13 players, the athletic director will work with the coaches to determine the size of the team. Cuts, while permissible, should be done as a last option. At the A-team level, our conference is expecting us to put our best team out on the court and make an effort to play competitive basketball. This is partly because we want players to be ready for competitive basketball in high school, and partly because we want to maintain the integrity of the conference's standings. We also realize that other teams will play against us in the same way. While our coaches will make an effort to get everyone into a game, playing time is not guaranteed. In close games, it is quite likely that not everyone will get to play. This is especially true during tournaments. When our team maintains a decent lead or falls far behind, coaches will make sure that subs are given more time. It is to be understood that coaches will base playing time on a player's work ethic on and off of the court, their knowledge of the game, their ability to carry out the coach's directions and plays, as well as their overall Christian behavior.



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B-Team Level Basketball: The following are general guidelines regarding B-team playing time so that our parents and coaches have an understanding of what to expect.

B-team basketball is set up primarily for fifth and sixth graders. The athletic director may open the B-team to fourth graders if it is felt there are not enough fifth and sixth graders to fill a team. If the number of players on a B-team exceeds 13, the athletic director will work with the basketball coaches to see if creating a second B-team is necessary. At the B-team level the emphasis is to be more on learning the basics of playing basketball as a team rather than on winning games. While coaches will make an effort to win games, giving all of the team's players time on the court is to be considered more important. It is understood that at the B-team level all of the players should get an opportunity to play in pre-season games and regular season games. Coaches are to avoid situations where weaker players' only playing time is just the last few seconds of a game. Parents need to understand that the whistle start and stop of play time in the game may affect the exact amount of time a player gets. Coaches may choose to split a player's time over the course of the game rather than making it consecutive minutes.

CLCA's B-teams participate in tournaments during the season. Because it is a tournament, coaches will play to win games. Coaches will do their best to get all of their players involved in the games, but unlike the regular season, individual games may dictate how much time individual players play.

Cross Country

Cross Country is a running sport available to all students in grades 4-8. It is the goal of our cross country program to help students recognize that running is an important part of lifelong fitness and that competitive running can be a rewarding athletic and social experience which glorifies God. To meet this goal our cross country coaches hold regular practices and coach our runners in several meets. Runners in other fall sports are encouraged by their coaches to go out for cross country to develop their fitness and stamina.

- **Special Races-WLC Invite**-Every October, Wisconsin Lutheran College holds a qualifying cross country meet for any runner who finished in the top 40% of a seventh or eighth grade race, or had a time that would have placed them in the top 40%. The cross country coach(es) will help qualifying runners apply for the race, but each runner is responsible for his/her own entrance fee.
- **Special Races - State/National Races**-Concordia University holds a grade school state and a grade school national cross country meet. While we have not participated in it as a school, our coaches will be happy to pass along information about the meet to any interested runners.

Soccer

Soccer is a co-ed sport held in the fall. There are one or two soccer tournaments in mid-September. Before the tournament there will be a general sign up for interested players. Preference is given to seventh and eighth graders, but if more athletes are needed, younger grades may be included. A few practices are usually held during the weeks before the tournament. Everyone is to be given significant playing time in the tournament.



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Softball

One softball tournament is held for seventh and eighth graders in the spring. If there are not enough seventh and eighth graders to field a team, the athletic director may open softball to sixth graders. Coaches typically hold practices between the end of track and the softball tournament. We may have either 2 teams (1 boys team and 1 girls team) or a single co-ed team depending on the number of players.

Track & Field

Track is held in the spring for all students in grades 5-8. The goal is to have our athletes try a variety of events and find what is a good fit for their talents and abilities. Running and being fit is emphasized at every practice. Following running time, the athletes are given an opportunity to practice their individual events. Tryouts are only done for relay teams. At the conference meet we are only allowed two athletes per event. Coaches will work with the team to make sure everyone can fit into an event.

Volleyball

Girls: Volleyball is held during the fall for girls in grades 5-8. The goal of our volleyball program is to help girls learn the basics of playing volleyball so that they recognize volleyball as a fun recreational activity they can compete in to glorify God throughout their lifetime.

A-Team Level Volleyball: The following are general guidelines regarding A-team volleyball so that our parents and coaches have an understanding of what to expect.

A-team volleyball is intended for girls in grades 7-8. Bringing sixth graders up to A-team is to be highly discouraged; however, sixth graders may be brought up with the permission of the athletic director. If a volleyball team exceeds 13 players, the athletic director will work with the coaches to see if creating a second A-team is necessary. At the A-team level, our conference is expecting us to put our best team out on the court and make an effort to play competitive volleyball. This is partly because we want players to be ready for competitive volleyball in high school, and partly because we want to maintain the integrity of the conference's standings. We also realize that other teams will play much the same way against us. While our coaches will make an effort to get everyone into a match, playing time is not guaranteed. In close matches, it is possible that not everyone will get to play. This is especially true during tournaments. When our team has won or lost both of the first two games, coaches will make sure that subs are given ample time in the third game of a match. It is to be understood that coaches will base playing time on a player's work ethic on and off of the court, their knowledge of the game, their ability to carry out the coach's directions, as well as their overall Christian behavior.

B-Team Level Volleyball: The following are general guidelines regarding B-team volleyball so that our parents and coaches have an understanding of what to expect.

B-team level volleyball is intended for girls in grades 5-6. The athletic director may open volleyball to fourth grade girls if there are not enough fifth and sixth grade girls to fill a team. If a volleyball team exceeds 13 players, the athletic director will work with the volleyball coaches to see if creating a second



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B-team is necessary. At the B-team level the emphasis is to be more on learning the basics of playing volleyball as a team rather than on winning games. While coaches will make an effort to win games, giving all of the team's players time on the court is to be considered more important. At a minimum, coaches should aim to have each player participate in the equivalency of half a game in each match of three games for regular season matches. Parents need to understand that the rotating of players may affect the exact amount of time a player receives. Coaches may choose to split a player's time over the course of the entire match.

The CLCA B-team may play in a variety of tournaments during the season. Because it is a tournament, coaches will play to win matches. Coaches will do their best to get all of their players involved in the matches, but unlike regular season matches, individual matches may dictate how much time individual players play.

Boys: A boys volleyball tournament is hosted in late October or early November for seventh and eighth grade boys. If the number of boys going out is low, the coaches may include sixth grade boys with the approval of the athletic director. Everyone is to be given significant playing time in the tournament.

CLCA Uniform Policy

CLCA athletes are encouraged and expected to:

- Buy and take care of his/her own T-shirt when teams choose to buy T-shirts as their uniform.
- Wear basketball and volleyball uniforms only during game times and not to or from games, at school, or for any other circumstances.
- Have appropriate shoes for the sport in which they are participating.
- Wear basketball and volleyball shoes only for games and practices and not for outside use.
- Follow the dress code coaches establish for their team.
- Refund CLCA for any uniforms the athlete loses or damages.



Concussion Protocol

CLCA follows the WIAA policy on concussions. The following are highlights from that policy as found on the WIAA website.

What is concussion?

A concussion is a type of traumatic brain injury that interferes with normal function of the brain. All concussions are brain injuries. A concussion can be caused by a blow to the head or even a blow to the body alone. The force moves or twists the brain in the skull. A concussion is a very complex physiologic event that causes a problem with brain function not brain structure. Therefore, a CT/CAT scan and MRI are usually normal in athletes with concussion.

Symptoms of concussion

An athlete may have:

- Headache
- Nausea
- Be dizzy or unsteady
- Sensitive to light or noise
- Feeling mentally foggy
- Problems with concentration and memory
- Confused
- Slow

Others may observe in the athlete:

- Dazed or stunned appearance
- Change in the level of consciousness or awareness
- Confused about assignment
- Forgets plays
- Unsure of score, game, or opponent
- Clumsy
- Answers more slowly than usual
- Shows behavior changes
- Loss of consciousness
- Asks repetitive questions or memory concerns



Removal from Athletic Contests

If you suspect a player may have a concussion, that athlete should be immediately removed from play. The injured athlete should be kept out of play until they are cleared to return by an appropriate health care provider. If the athlete has a concussion, that athlete should never be allowed to return to activity (conditioning, practice, or competition) that day.

Return to Participation in Athletics

In order to resume activity, the athlete must be **symptom free** and off any pain control or headache medications. The athlete should be carrying a full academic load without any significant accommodations for 1-2 days. Finally, the athlete must have clearance from an appropriate health care provider.



Player Code of Conduct

1. I promise to respect my teammates, coaches, officials, and opposing team members.
2. I will make a commitment to the team by completing the season of a sport I begin and attend all games and practices specified by the coach. If there is a legitimate reason for missing a practice or game, I will excuse my absence with my coach as far in advance as possible.
3. I will follow the CLCA uniform policy.
4. I acknowledge I must attend school at least from noon to the end of the school day prior to any game or practice.
5. I acknowledge that CLCA athletics gets first priority if another sport is played during the season. I understand that my playing time will be limited if I miss a practice or game for another sport.
6. During games, I will trust my coaches to use their discretion and play the students as they see fit.
7. I understand that my academic studies take precedence over athletics and that must have a grade of C- in all subjects at mid-quarter and quarter breaks to be eligible. If I am declared ineligible and unable to play in games, I will have one week to meet the minimum grade requirement to be declared eligible again.
8. I will report any head injuries or concussion symptoms I may have to my coach and my parents and will remain out of my sport until I am cleared to play by a physician.
9. I realize that coaches, the Dean, and the athletic director reserve the right to withhold players from playing for inappropriate behavior.
10. I acknowledge that if I receive a technical foul for poor sportsmanship I will receive a minimum one game suspension.

I agree and accept the above statements.

(Player Signature)

(Date)



Parent Code of Conduct

1. I will be supportive of my child, CLCA, its coaches, teams, and players.
2. I will not criticize players, coaches or referees.
3. I will model the principles of good sportsmanship and fair play for our CLCA students.
4. If I have a concern, I will handle it in calm, God-pleasing manner and understand that all parties involved have the good of CLCA and its students at heart.
5. I recognize that my child's attendance in school is mandatory prior to any game or practice.
6. I understand that the coaches, the Dean, and the athletic director reserve the right to withhold players from playing for inappropriate behavior.
7. I acknowledge that CLCA athletics gets first priority if another sport is played during the season. I understand that my child's playing time will be limited if he/she misses a game or practice for another sport.
8. I recognize that my child must have a minimum grade of C- in all subjects at mid-quarter and quarter breaks to be eligible. Upon being declared ineligible and unable to play in games, my child will have one week to meet the minimum grade requirement to be declared eligible again.
9. I will help my child to follow CLCA's uniform policy.
10. I will treat any concussion symptoms my child may have seriously and will have my child examined by a physician when concussion symptoms occur. I will keep my child out of his/her sport until a physician clears him/her.
11. I will take my turn volunteering for CLCA athletics during the season.

I agree and accept the above statements.

(Parent Signature)

(Date)



Coach Code of Conduct

1. I will model a respectful attitude toward officials, players, parents, fans, and other coaches.
2. I will refrain from criticizing and arguing with officials, opposing coaches, and their fans.
3. I will clearly communicate my expectations with parents and players and be consistent with my policies. I will maintain a calm, positive attitude while handling concerns parents may have.
4. I will strive to use constructive criticism in working with the individual players and team.
5. I will prepare diligently for practices and games and teach the players the fundamental skills and strategies of the sport.
6. I will encourage the players to fully develop and use their God-given abilities.
7. I will make sure that the facilities of CLCA and other schools are treated with care and respect.
8. I recognize that each player has unique abilities, and I will strive to put players in game situations where they are prepared to succeed and help the team reach its goals.
9. I will take all concussion symptoms seriously, follow concussion protocol, and keep any players who show symptoms out of practices and games until they are cleared by a physician.
10. I will follow the CLCA athletic handbook and any guidelines set up by CLCA for the sport I coach.

(Coach Signature)

(Date)

